

# Botany Bites School Lunch Menu - 2024

## EXTRA OPTIONS AVAILABLE ON FLEXISCHOOLS

### Hot Food

Pasta Bolognaise	Add: Cheese \$0.80 / Olives \$1	\$7.50
Plain Pasta (Butter)	Add: Cheese \$0.80 / Olives \$1 / Nap Sauce \$2.20	\$5.00
Vegetarian Tortellini - with Napolitana Sauce	Add: Cheese \$0.80 / Olives \$1	\$7.50
Macaroni & Cheese		\$6.50
Butter Chicken & Rice – Creamy mild Butter Chicken & Rice		\$7.50
6 Chicken Nuggets	Add: Sauce \$0.35	\$5.60
8 Chicken Nuggets	Add: Sauce \$0.35	\$7.50
12 Chicken Nuggets	Add: Sauce \$0.35	\$11.20
Garlic Bread		\$3.50
Corn Cobb (GF)		\$3.50

### Burgers

Hamburger - Meat patty, Lettuce, Sauce		\$7.30
Schnitzel Burger - Homemade Chicken Schnitzel, Lettuce & Sauce		\$7.20
Grilled Chicken Burger - fresh grilled chicken, Lettuce & sauce	(GF available)	\$7.30
Veggie Burger - Homemade veggie patty, Lettuce, sauce		\$7.20
Bacon & Egg Roll – with sauce	(GF available)	\$6.00
Bacon Roll – with Sauce	(GF available)	\$5.20
Hot Dog - with Sauce		\$5.20
Fried Egg Roll – with sauce		\$5.00
Add: Cheese \$0.80 / Tomato \$0.60 / Egg \$1 / Pineapple \$0.80 / Bacon \$1.10 / Gluten Free Toasted \$1.20 / Caramelised onion = \$0.80		

### Gourmet Wraps

Sweet Chilli Chicken Wrap - Homemade Tenders, Cheese, baby spinach, sweet chilli sauce	\$7.70
Falafel Wrap - Homemade Falafel, hummus, lettuce, cucumber, tomato, tzatziki	\$7.70
Chicken & Salad Wrap - Lettuce, Tomato, Cucumber & carrot	\$7.70
Ham & Salad Wrap - Lettuce, Tomato, Cucumber & carrot	\$7.70
Chicken Schnitzel Wrap - Homemade Schnitzel, Lettuce, tomato & mayo	\$7.70

### Sandwiches (Gluten Free Bread available)

Cheese	\$4.80
Crumbed Chicken, Lettuce, Mayonnaise	\$6.50
Crumbed Chicken	\$6.20
Mashed Egg or Sliced Egg	\$5.00
Ham	\$5.00
Ham & Cheese	\$5.50
Hummus	\$4.40
Honey / Jam / Vegemite	\$4.00
Salad	\$5.50
Tuna & Mayonnaise	\$6.00
Poached Chicken	\$6.00
Roast Turkey	\$6.20
Ham & Cheese Squashy (Ham and Cheese <u>toasted</u> on a roll)	\$5.70
Cheesy Squashy (Cheese <u>toasted</u> on a roll)	\$5.00
Roll or Wrap - Add \$0.50 / Gluten Free Toasted \$1.20	

Add: Lettuce \$0.60 / Cheese \$0.80 / Tomato \$0.60 / Cucumber \$0.60 / Carrot \$0.60 / Avocado \$1.20

## Salads

<b>Create Your Own</b> - Lettuce and your choice of salad options	\$5.00
<b>Caesar Salad</b> - Lettuce, crispy Bacon, parmesan, egg, croutons	\$8.50
<b>Greek Salad</b> - Lettuce, Tomato, cucumber, olives & feta (GF)	\$8.50
<b>Tuna Salad</b> - Lettuce, Tuna, olives, cucumber, carrot (GF)	\$8.50
<b>Green Salad (Small - recommended as a side serve) - (GF)</b> Lettuce, tomato, cucumber, carrot	\$6.50

Add: Tomato / Cucumber / Carrot / Croutons - \$0.80

Fresh Sesame Roll \$1.20/ Boiled egg \$1.40 / Feta \$1.50/ Parmesan \$1.50 / Crispy

Bacon \$1.50 / Olives - \$1 / Avocado \$1.80 / Ham - \$2.20

Poached chicken \$2.80 / crumbed chicken \$3 / tuna \$2.80 / turkey \$2.80 / Roast vegetables \$2.80

## Sushi (Must be ordered by midnight – day before delivery)

<b>Large Sushi Roll</b> – Choice of the following:	\$4.60
Chicken Teriyaki & Avocado, Chicken Teriyaki & Cucumber, Chicken Teriyaki, Tuna & Avocado, Tuna & Cucumber, Tuna	

<b>Mini Sushi Box</b> – 12 pieced Mini Sushi. Choice of the following:	\$6.00
Cucumber, Avocado, Tuna, Mixed	

<b>Edamame Box</b>	\$3.40
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## Snacks

<b>Gingerbread Man</b>	\$3.50
<b>Popcorn (GF)</b>	\$3.00
<b>Banana Bread</b>	\$3.20
<b>Yoghurt &amp; Berries (GF)</b>	\$4.40
<b>Fresh Fruit Salad (GF)</b>	\$4.40
<b>Watermelon Cup (GF)</b>	\$4.10
<b>Jelly (GF)</b>	\$3.00
<b>Sumo Cookie</b>	\$2.80
<b>Mini Choc Chip Cookies</b>	\$2.80
<b>Homemade Chocolate Brownie</b>	\$3.20
<b>Hummus &amp; Vege Sticks</b>	\$3.80
<b>Vege Sticks</b>	\$3.20
<b>Custard Cup (GF)</b>	\$3.50
<b>Custard Cup with Milo (GF)</b>	\$4.00
<b>Custard Cup with Mixed Berries (GF)</b>	\$4.20

## Drinks

<b>Spring Water</b>	\$2.50
<b>Flavoured Milk</b> (Chocolate or Strawberry)	\$3.20
<b>Juice</b> (Apple, Orange, Apple Blackcurrant)	\$3.00
<b>Up &amp; Go</b> (Chocolate, Strawberry, Banana)	\$3.20